Russia: Experience in Using Portable Telemedical Systems

Valery Stolyar, Oleg Atkov and Anton Panfilov
The Bakoulev Cardiovascular Surgery Center runs annually:

- > 1250 teleconsultations
- > 3400 hours of telelectures
- > 60 master classes
- > 1000 hours of conference and symposium broadcasts

The Beginning: first videoconferences and interactive telelectures were organized in 1997 for some of Russia’s regions (TM-project «Moscow – Russia’s regions»)
PARTNER TELEMEDICAL CENTERS in RF > 460 TMC, 24 – in Moscow
In Russian Railways: 91 (incl. 7 mobile and 52 portable)

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TM network in RF - part of an international TM-network (with support of ITU standards)

Main medical centers of Russia

Regional telemedicine center

Main telemedicine center
Moscow
ISDN/IP

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Remote videoconsultations
Remote videoconsultations

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Mobile Solutions: Telemedical System as Part of a Medical Train

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Results: Telemedical System as Part of a Medical Train

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Role Of High Resolution Videoconference in distance learning New Technologies

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Results: Mobile Telemedical Center Based on an Ambulance

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Russian Portable Telemedicine System
System versions: **ARNEGA-VC** (*telemedical applications*)

- Protective suitcase
  - Includes camera on the inside of the
  - suitcase cover (night vision option)
  - LCD 15.6” sunreadable display (protected glass)
  - Coding/decoding module (compatible w/ Cisco Tactical MXP, or Polycom)
- Telemedical module includes the following medical equipment (user configurable), connectable via digital interfaces such as USB etc.
  - other equipment may be integrated on request
- Remote control (internal power supply)
- GPS/GLONASS positioning device, etc…
- Knowledge bases & decision support

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PORTABLE TELEMEDICAL SYSTEMS WITH MEDICAL DECISION SUPPORT - INDUSTRY & EMERGENCY
Project Goals

Provide advanced technology enabling solutions for paramedical and rescue staff capable to:

• deliver knowledge on demand in operation context and timely fashion
• ensure situation awareness and mission control
• keep high safety and efficiency in critical environments and missions
• support handsfree operation within advanced collaboration and connectivity framework.
Product Line Overview

- **ARNEGA™** is a family of smart wearable & mobile wireless solutions enabling audiovisual communications and telemetry in real time for complete situation awareness & control.

- Designed to meet various equipment needs of **medical & emergency workers**, rescuers and special task forces in industrial and transportation sectors, government and public health and safety sectors.

- The system provides remote video assistance & guidance from experts located off-site and wireless access to expert knowledge bases for quicker and better decision-making.

Watch ARNEGA video: **Goal** **Solution**

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Key Functionalities & Features

The system supports ITU videoconferencing that can bring together different experts from anywhere in the world for real time brainstorming and decision-making.

✓ modular architecture
✓ wide range of options for solving various tasks
✓ different vertical markets system versions
✓ connection of additional equipment
✓ patented technology
✓ diverse smart interconnectivity (local or global) supported by MCU’s for intercommunications of Radio, Audio, Video over IP
✓ Cisco Health & Tele Presence endpoint compatibility.

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Basic System components

• Videoconferencing module + add. equipment inbuilt into a specialized wearable vest, backpack or a belt
• Camera, laser pointer and LED torch are inbuilt into a protective helmet

Such approach keeps hands free providing the worker with a complete freedom of movement.

• Audio/video/Data is transmitted to the coordination center
• Communication is bi-directional
• A micro display may be integrated into the glasses worn by the worker for a duplex video mode

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Overall Solution Structure

- Emergency situation management (vehicles, infrastructure, safety)
- FR staff operation and health control
- Everywhere, anytime locally and central level situation awareness

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Product family members:

**ARNEGA-MAX** *(semi-rugged, fully rugged)*

- Protective helmet equipped with an audio and video device, LP & Torch, GPS/GLONASS t&t.
- Unload vest (protective suit (2-6 ballistic protection category) or backpack with a power supply and additional equipment
- Rugged computer, codec in IP67 protected case;
- Antennas, boosters, cables.

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Product family members:

**ARNEGA-MINI** *(basic, semi-rugged)*
- Video headset (monocular or stereoscopic) or stripe with LP & Torch, HD camera, embedded MID
- Backpack with a rugged computer and a power supply or waist, belt MID.
Product family members: ARNEGA-VC (telemedical applications)

- Protective IP67 suitcase
  - Includes camera on the inside of the suitcase cover (night vision option)
  - LCD 15.6” sunreadable display (protected glass)
  - HW Coding/decoding module (based on Cisco codecs)
  - Batteries for in field operation
- Light medical vest + headset stripe w/camera and torch
- Telemedical module includes IPC & the following medical equipment (user configurable):
  - ECG, oxymeter, e-stethoscope, blood pressure, thermometer, glucometer
  - Ultrasound sensor or scanner as an option (connectable via digital interfaces such as USB)
  - Other equipment may be integrated on request
- Remote control (internal power supply)

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System versions:
**ARNEGA-VCE (technical supervision, telemedicine)**

- **ARNEGA VC system PLUS:**
  - Protective helmet or Headset w/audio and video devices (HDV+AHS)
  - Protective vest, GPS/GLONASS positioning device, wearable rugged or wrist computer, batteries
  - Second external videocamera, external display, additional remote control
  - Additional medical & metrological equipment
  - Biofeedback device for monitoring physical and psychological state of the paramedic member

- **Accessories**
  - 3D Glasses for augmented reality applications
  - UAV remote control module with situation view system
  - Inmarsat BGAN or VSAT communication terminal, MESH network

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Applications:

In emergency situations ARNEGA™ will help lower casualties by:

- establishing direct real time contact b/w patient and his doctor
- Providing access to knowledge base, pre-diagnostic expert system or MIS
- providing qualified first aid in case of accidents through remote support of a number of experts
Applications environment:

- Suitable for use in all working environments, including potentially hazardous environments (ATEX Zone 2 certified)
- Helps guarantee the security & safety of workers and effectiveness of the works conducted
AWARDS

- Skolkovo Foundation grant for research
- GFK Group, Germany 2012 (Cebit)
  Award of 10 best innovative projects of the Cebit fair in CODE-n contest.

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http://t-smart.ru/news/7421/
Ongoing development:

**3D vision module:** Integrated system of 3D vision with support of augmented reality and in-built or loadable libraries of virtual objects, operation environment; mission context activated tools according to the worker’s specialization and skills.

This module will help, for example, a surgeon located off-site show a medical worker how to perform a particular part of an operation.
Ongoing & Future development:

Trauma detection module: Automated image analysis and anomalies recognition system based on 2D/3D ultrasound images. The recognition methods used are artificial neural networks, fuzzy logic, k-nearest neighbour, their combination.

A CADD system to help detect foreign objects in the body, fractures, internal bleeding and other trauma.
Ongoing development:

Knowledge bases & decision support: Web-service with access to theme or person based expert knowledge and other citizen-oriented services, including:

- Doctor’s remote consultation at home or in a move
- Access to medical knowledge bases and the “automated pre-diagnostics” zone – this service allows you to upload medical images and get an automated “diagnosis” based on an image analysis and cognitive features identification;
- Medical dummies integration for visual coaching and simulations
- Standardizations, both MIS (HL7) EMR and device (Continua, ISO X37 based) levels for end-to-end operations.
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